



# Subscription Form



Playgroup - Year 2

Oct 16 - Oct 20

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ ID Number: \_\_\_\_\_

Guardian Name: \_\_\_\_\_ Mobile: \_\_\_\_\_

**N.B:**

- 1- The subscription deadline for the below menu is **Friday 13 October 2017**
- 2- You can subscribe from a minimum of **1 day** to a maximum of **5 days** per week
- 3- Option 2 is **Vegetarian**

Lunch Subscription

Full day Subscription

*\*Select Lunch or Full day Subscription*

*\*Full day: Breakfast + Lunch + Fresh juice + Snack*

**Lunch Menu - Week 4**

	Option 1	Option 2
<b>Monday, Oct 16</b>	Chicken Pineapple Sautéed Potato Shredded carrot & sweet corn salad Fruit Salad	Pesto spaghetti Shredded carrot & sweet corn salad Fruit Salad
<b>Tuesday, Oct 17</b>	Oven-baked Kafta Sautéed Potato Cucumber & tomato salad Cubed watermelon	Mushroom masala Plain rice Cubed watermelon
<b>Wednesday, Oct 18</b>	Chicken Avocado Sandwich	Hummus (chickpea paste) Club sandwich
<b>Thursday, Oct 19</b>	Indian chicken in gravy sauce Plain rice Fruit salad	Oven-baked pasta in white sauce (Hidden veggies) Fruit Salad
<b>Friday, Oct 20</b>	Jollof rice Cubed chicken Mini chopped salad Cubed pineapple	Lentil spinach curry Plain rice Cubed pineapple

**Selection**

Date	Lunch	
Week 4	Option 1	Option 2
Monday, Oct 16	<input type="checkbox"/>	<input type="checkbox"/>
Tuesday, Oct 17	<input type="checkbox"/>	<input type="checkbox"/>
Wednesday, Oct 18	<input type="checkbox"/>	<input type="checkbox"/>
Thursday, Oct 19	<input type="checkbox"/>	<input type="checkbox"/>
Friday, Oct 20	<input type="checkbox"/>	<input type="checkbox"/>

Kindly Specify below food allergies or other concerns:

*\*Kindly select your option*

**Payment**

Lunch Subscription			
	Qty.	Price/Day	Amount
Lunch		12.00 GHC	
Wednesday		10.00 GHC	
<b>Total Amount</b>			

Full Day Subscription			
	Qty.	Price/Day	Amount
Full Day		24.00 GHC	
Wednesday		22.00 GHC	
<b>Total Amount</b>			

Grey cells to be filled by customers

Kindly return the envelope with the payment to ARIS canteen