

Subscription Form

Year 3 - Year 6

Sep 25 - Sep 29



First Name: Guardian Name:	Last Name:	Mobile:	_ID Number:	
N.B:				
1- The subscription dead	lline for the below menu i. m a minimum of 1 day to an	•••		
Lunch Subscription		Full day Subscription		
*Select Lunch or Full day Subscription		*Full day: Breakfast + Lunch + Fresh juice + Snack		
	Lur	nch Menu - Week 1		
	Option 1		Option 2	
	Mini Hamburgers (grilled µ	patty)	Beans in tomato sauce	
Monday, Sep 25	Sautéed Potato		Rice with vermicelli	
	Coleslaw		Fruit Salad	
	Fruit Salad			
Tuesday, Sep 26	Chicken stroganoff		Homemade Pizza	
	Plain rice		Mixed veggie Salad (lemon - mayo)	
	Cubed watermelon		Cubed watermelon	
Wednesday, Sep 27	Chicken Sub Sandwich		Mozzarella Pesto Sandwich	
Thursday, Sep 28	Waakye		Veggie curry	
	Cubed pineapple		Plain rice	
			Cubed pineapple	
Friday, Sep 29	Spaghetti bolognaise (hidden veggies sauce)		Veggie Burger with curry powder	
	with minced meat		Sautéed potato	
	Sliced apples & grapes		Sliced apples & grapes	
		Selection		
Date	Lunch			
Week 1	Option 1 Option 2	Kindly Specif	y below food allergies or other	
Monday, Sep 25		concerns:		
Tuesday, Sep 26				
Wednesday, Sep 27				
Thursday, Sep28				
Friday, Sep 29				
*Kindly select your option				
		Payment		
Lunch Subscription		Full Day Su	bscription	
Qty.	Price/Day Amount		Qty. Price/Day	Amount
Lunch	16.00 GHC	Full Da		
Wednesday	10.00 GHC	Wednesday	y 22.00 GHC	
To	tal Amount		Total Amount	

Grey cells to be filled by customers

Kindly return the envelope with the payment to ARIS canteen