

Subscription Form

Year 7 - Year 13

Sep 25 - Sep 29



First Name:	Last Name:		ID Number:		
Guardian Name:		Mobile:			
	dline for the below menu om a minimum of 1 day a an				
Lunch Subscription		F	Full day Subscription		
*Select Lunch or Full day Subscription		*Full day: Breakfast + Lunch + Fresh juice + Snack			
	Lu	nch Menu - Week 1			
	Option 1		Option 2		
	Mini Hamburgers (grilled	patty)	Beans in tomato sauce		
Monday, Sep 25	Sautéed Potato		Rice with vermicelli		
	Coleslaw		Fruit Salad		
	Fruit Salad				
Tuesday, Sep 26	Chicken stroganoff		Homemade Pizza		
	Plain rice		Mixed veggie Salad (lemon - mayo)		
	Cubed watermelon		Cubed watermelon		
Wednesday, Sep 27	Chicken Sub Sandwich		Mozzarella Pesto Sandwich		
Thursday, Sep 28	Waakye		Veggie curry		
	Cubed pineapple		Plain rice		
			Cubed pineapple		
Friday, Sep 29	Spaghetti bolognaise (hic	lden veggies sauce)	Veggie Burger with curry pow	vder	
	with minced meat		Sautéed potato		
	Sliced apples & grapes		Sliced apples & grapes		
		Selection			
Date	Lunch				
Week 1	Option 1 Option 2	Kindly Spe	ecify below food allergies or other		
Monday, Sep 25		concerns:			
Tuesday, Sep 26					
Wednesday, Sep 27					
Thursday, Sep28					
Friday, Sep 29					
*Kindly select your option					
		Payment			
Lunch Subscription		Full Day	Subscription		
Qty.	Price/Day Amount		Qty. Price/Day	Amount	
Lunch	18.00 GHC	Full			
Wednesday	10.00 GHC	Wednes	day 22.00 GHC		
То	otal Amount		Total Amount		

Grey cells to be filled by customers

Kindly return the envelope with the payment to ARIS canteen