



Subscription Form



Year 7 - Year 13

Oct 2 - Oct 6

First Name: _____ Last Name: _____ ID Number: _____

Guardian Name: _____ Mobile: _____

N.B:

1- The subscription deadline for the below menu is **Friday 29 September 2017**

2- You can subscribe from a minimum of **1 day** to a maximum of **5 days** per week

3- Option 2 is **Vegetarian**

Lunch Subscription

Full day Subscription

**Select Lunch or Full day Subscription*

**Full day: Breakfast + Lunch + Fresh juice + Snack*

Lunch Menu - Week 2

	Option 1	Option 2
Monday, Oct 2	Chicken with Lemon Coriander Sauce Sautéed Potato Coleslaw Fruit Salad	Chinese Noodles Mixed veggies Fruit Salad
Tuesday, Oct 3	Rice & minced meat Yogurt with cubed cucumber Banana	Penne Arrabiata & shredded cheese Mixed veggie Salad (lemon - mayo) Banana
Wednesday, Oct 4	Chicken Taouk Sandwich	Cheese & Avocado Sandwich
Thursday, Oct 5	Waakye Fruit Salad	Peas & carrot in tomato sauce Rice with vermicelli Fruit Salad
Friday, Oct 6	Chicken curry Plain rice Sliced apples & grapes	Mac & cheese Pasta (Hidden veggies) Sliced apples & grapes

Selection

Date	Lunch	
	Option 1	Option 2
Week 2		
Monday, Oct 2	<input type="checkbox"/>	<input type="checkbox"/>
Tuesday, Oct 3	<input type="checkbox"/>	<input type="checkbox"/>
Wednesday, Oct 4	<input type="checkbox"/>	<input type="checkbox"/>
Thursday, Oct 5	<input type="checkbox"/>	<input type="checkbox"/>
Friday, Oct 6	<input type="checkbox"/>	<input type="checkbox"/>

Kindly Specify below food allergies or other concerns:

**Kindly select your option*

Payment

Lunch Subscription			
	Qty.	Price/Day	Amount
Lunch	<input type="text"/>	18.00 GHC	<input type="text"/>
Wednesday	<input type="text"/>	10.00 GHC	<input type="text"/>
Total Amount			<input type="text"/>

Full Day Subscription			
	Qty.	Price/Day	Amount
Full Day	<input type="text"/>	30.00 GHC	<input type="text"/>
Wednesday	<input type="text"/>	22.00 GHC	<input type="text"/>
Total Amount			<input type="text"/>

Grey cells to be filled by customers

Kindly return the envelope with the payment to ARIS canteen