



New Schedule for ARIS e-learning

From Year 7-10

Monday, Tuesday, Thursday and Friday

Homeroom: 8.50 am to 9.00 am

Block 1: 9.00 am to 10.00 am

BREAK 1: 10.00 am - 10.10 am

Block 2: 10.10 am to 11.10 am

BREAK 2: 11.10 am to 11.30 am

Block 3: 11.30 am -12.30 pm

BREAK 3 - Lunch: 12.30 pm -1.30 pm

Block 4: 1.30 pm to 2.30 pm

e-School ends at 2.30 pm



New Schedule for ARIS e-learning

From Year 7-10

Wednesday

Homeroom: 8.50 am to 9.00 am

Block 1: 9.00 am to 10.00 am

BREAK 1: 10.00 am - 10.10 am

Block 2: 10.10 am to 11.10 am

BREAK 2: 11.10 am to 11.30 am

Block 3: 11.30 am -12.30 pm

BREAK 3: 12.30 pm to 12.45 pm

WELL BEING (Dr Funke)

Year 7 12.45 pm to 1.00 pm

Year 8 1.15 pm to 1.30 pm

Year 9 1.45 pm to 2.00 pm

Year 10 2.15 pm to 2.30 pm

e-School ends after wellbeing Session with Dr Funke



New Schedule for ARIS e-learning

From Year 11-13

Monday, Tuesday, Wednesday, Thursday and Friday

Block 1: 9.00 am to 10.00 am

BREAK 1: 10.00 am - 10.10 am

Block 2: 10.10 am to 11.10 am

BREAK 2: 11.10 am to 11.30 am

Block 3: 11.30 am -12.30 pm

BREAK 3 - Lunch: 12.30 pm -1.30 pm

Block 4: 1.30 pm to 2.30 pm

**e-School ends at 2.30 pm,
except on Wednesdays it ends at 12:30 pm**

WELL BEING

Year 13 Tuesdays: 8.30 am to 8.45 am

Year 12 Wednesdays: 8.30 am to 8.45 am

Year 11 Thursdays: 8.30 am to 8.45 am



ARIS e-Learning Daily Planner

Goal Wake up Time:

BLOCK 1: Name of Subject	TIME: 9.00 am - 10.00 am	DAILY CHECKLIST: <i>colour the check box if you</i> Have I: <input type="checkbox"/> chatted with a friend? <input type="checkbox"/> been physically active? <input type="checkbox"/> read anything for fun? <input type="checkbox"/> Had a healthy snack?	
Things to do:	New Assignment : Submission deadline:		SCREEN BREAKS: During BREAK 1 , I will: During BREAK 2 , I will: During BREAK 3 , I will:
BLOCK 2: Name of Subject	TIME: 10.10 am - 11.10 am		
Things to do:	New Assignment: Submission deadline:		
BLOCK 3: Name of Subject	TIME: 11.30 am -12.30 pm	ZOOMS: Today I had zoom classes in the following subjects:	
Things to do:	New Assignment: Submission deadline:		
BLOCK 4: Name of Subject	TIME: 1.30 pm - 2.30 pm	WELLBEING NOTES: Today I feel: I am proud of myself because:	
Things to do:	New Assignment: Submission deadline:		
My Challenges: Today I had a challenge with:			

Water Intake: colour how many glasses of water you had today.

