



## **Athlete Code of Conduct**

### **1. Athletes' Protocol**

#### **Responsibilities**

- **Preparation and Attire**
  - Arrive at games and practice wearing the appropriate attire and gear for your sport.
  - Confirm your availability to coaches, especially when selected for competitions.

#### **Team Engagement**

- Attend all team meetings and strategic discussions.
- Arrive early to games to prepare mentally and physically.

### **2. Conduct**

- Demonstrate sportsmanship and respect towards coaches, teammates, and opponents.
- Support teammates and contribute positively to team dynamics.

### **3. Consequences for Non-Adherence**

#### **First Instance**

- Sitting on the bench for the game or tournament.



### **Consistent Behavior**

- Reassignment to the second team or bench, with the potential for suspension from the team.

### **Severe or Continued Violations**

- Expulsion from the team.

## **4. Levels of Infractions**

### **Level 1: Minor Infractions**

**Definition:** Behaviours that do not significantly disrupt team dynamics or violate major policies. Examples include:

- Lateness to practice or games.
- Inappropriate language or jokes during practice and games.
- Disrespecting or damaging equipment or facilities.
- Not wearing the prescribed uniform for practice.
- Disrespecting teachers, staff, coaches, or others during campus activities and tournaments.

### **Process:**

1. **Observation:** Coaches, team members, or staff document the behaviour.
2. **Informal Discussion:** The coach will have a private conversation with the athlete to address the behaviour.



3. **Verbal Warning:** If confirmed, a verbal warning (in written form) will be issued, emphasising the importance of maintaining standards.
4. **Documentation:** The incident will be documented in the athlete's file for future reference.

## **Level 2: Moderate Infractions**

**Definition:** Behaviours that disrupt team activities or violate team policies. Examples include:

- Repeated minor infractions.
- Failure to follow training or game protocol.
- Three unexcused absences from practice (training hours may be reduced during exams at coach's discretion).
- Eating or roaming during and after practice; athletes should be at their designated pick-up zones post-practice.

### **Process:**

1. **Investigation:** The coach will gather information from the involved parties.
2. **Formal Meeting:** A meeting will be scheduled with the athlete, coach, athletic director, head of the school, and head of the student discipline committee.
3. **Consequences:** Possible actions include:
  - A written warning.
  - Temporary suspension from practice or games (e.g., one game or practice).
  - Parental notification of the incident and actions taken.
4. **Documentation:** The incident will be recorded in the athlete's file.

## **Level 3: Severe Infractions**

**Definition:** Serious behaviours that threaten safety or integrity outside of the school environment. Examples include:

- Physical altercations on or off campus.
- Substance abuse or possession.
- Theft or vandalism.



- Any form of harassment or discrimination.
- Repeated Level 2 offences.
- Inappropriate displays of behaviour on campus or during events.
- Leaving campus without permission from the Athletics Manager or Coordinator during training sessions.
- Failing to maintain an average GPA of 4 over five weeks.

**Process:**

1. **Immediate Action:** The Athletics Manager will take action to ensure safety and may remove the athlete from the situation.
2. **Formal Investigation:** An investigation will involve the athletic director, head coach, and school administration.
3. **Meeting with the Athlete:** A meeting will be held with the athlete, their parents/guardians, and the investigation team.
4. **Consequences:** Possible severe consequences include:
  - Suspension from the team.
  - Expulsion from the varsity program.
  - Referral to the school administration for further disciplinary action.
5. **Documentation:** A detailed report of the incident and actions taken will be kept on file.

## **5. Feedback Channels**

- Students will have opportunities to express their concerns and feedback regarding the code of conduct.